

List of Winner's in the Naturopathy Day 2020 Competitions
NATUROPATHY DAY-2020
at Central Council for Research in Yoga & Naturopathy
(18th November, 2020 02:00 PM to 04:30 PM)
Webinar

S.No.	Name of the Winner	Topic	Position
Oral Research Paper Presentation Competition			
1.	Dr. Nitesh M K	"Comparing the immediate effect of cold immersion bath & hot immersion bath on cardio-respiratory variables among healthy individuals".	1 st Position
2.	Dr. Roshitha P	"Low lying Placenta and Oligohydramnios at 30 Weeks, corrected by tender Coconut water and Yoga: A case report".	2 nd Position
3.	Dr. Arunthathi Rangaraj	"Immediate effects of Yoga therapy and steam on pulmonary functions in patients with COVID-19".	3 rd Position
Short Essay competition			
4.	Dr. Braj Bhushan Kumar Associate Professor MASCHNYS, Subharti University, Meerut, UP	Naturopathy and its relevance in the modern Era as a therapeutic tool	1 st Position
5.	Mr. Pushkar Dutt Jaisalmaer, Rajasthan		2 nd Position
6.	S. Venkatalakshmi Coimbatore, Tamilnadu		3 rd Position
7.	Dr. Garima Faridabad, Haryana		3 rd Position

Intercollegiate Debate Competition

S. No.	Name of the College	Name of the Participant	Position
1.	SVYASA University, Bengaluru, Karnataka	Ms. Shivakameshwari	1 st Position
		Ms. Diksha Venugopal	
2.	Govt. yoga and Naturopathy Medical College, Chennai, (T N)	Ms. R. Poornima	2 nd Position
		Ms. V. Anusubasri	
3.	Alva's College of Naturopathy & Yogic Science, Karnataka	Mr. Vinay kumar M	2 nd Position
		Ms. Deeksha Gowda U	
4.	Aurobindob Subharti Naturopathy Yoga College, Meerut, UP	Ms. Anilka Sachdeva	3 rd Position
		Ms. Ayesha Syed	